EMPOWERING YOU TO
TAKE ACTION NOW!
Learning Differences & Mental Health

Crowne Plaza Atlanta SW
Peachtree City, GA

February 3, 2023
8:30 am – 5:00 pm

Presented By:
General Disclosure

The 7th Annual Symposium 2023 & Special Needs Expo provides an educational opportunity and up to date information for individuals, families caring for a child with special needs as well as for educators and healthcare professionals in the south metro Atlanta area. The Symposium offers a variety of lectures to raise awareness and learn more about the resources available to those living with disabilities and special needs. The contents presented in this educational venue are those of the speakers, panelists, and moderators. The views expressed in presentations made at the Southside Support Symposium are those of the speakers, panelists, and moderators and not, necessarily, of Southside Support Inc. Presentation at Southside Support Inc. events, or the presence of vendors at Southside Support Inc. events, does not constitute an endorsement of the vendors or speakers’ views, products, or services.

Attendees are here by advised to seek appropriate services or medical attention to further discuss their individual concerns and seek appropriate solutions.

MISSION

To connect families of children with special needs and individuals living with disabilities in south metro Atlanta with valuable resources in our community and with each other. We do this through education, training, support, and inclusion opportunities, making our local communities more accessible to our otherly-abled population.
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Thank you to all our volunteers!

Clayton State University Students

    Jillian Coyle
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    Phylicia Lakes
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    Temisan Nicholl
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________________________

Jimmy Dunnavant
Photography

Jose and Son
Videography

Special thanks to our families, friends, and staff for their support and helping hands.
Speakers & Panelists

Suvat Bhargave, M.D.
Board-certified psychiatrist, specializing in child and adolescent psychiatry. A distinguished educator and speaker on topics related to personal growth, effective parenting, and mental health conditions.

Marcus L. Broadhead, Ed.D
Author/transformational Speaker/Mentor/Leadership Developer
He has served in educational leadership with over 20 years of experience as an educator.

Dana Black, RWP
Constantly Varied Nutrition
Board certified Holistic Health Practitioner.
www.constantlyvariednutrition.com

Christy E. Calbos, Esq.
Calbos Law Firm
Special Education Law for Children
www.calboslaw.com

Paul Cohen, Ph.D.
Sandy Springs Psychological Center, P.C.
Children, Adolescent, & Family counseling
www.paulcohenpsychology.com

Philip Crane, D.C.
Sentinel Health and Wellness
Applied Kinesiologist and Chiropractor
www.sentinelptc.com
Speakers & Panelists

**Georgia Fruechtenicht**
Special Education Parent Mentor - Coweta County Schools
Certified Sanity School Trainer

**Abbie Huber**
Better Story Tutoring and Social Thinking Services
Educational Specialist, Emotional Coordinator, Associate & Admission director, Teacher

**DJ Jeyaram, Esq**
Special Needs & Estate Planning Attorney
Judge of Gwinnett County Magistrate Court
www.jeylaw.com (Presenting Sponsor)

**Natalie Generally Kirk, MMed**
Small Steps Music, LLC
Board certified music therapist & teacher
www.smallstepsmusicllc.com

**Natalie Kohlhaas, LPC**
Serenity Treehouse, LLC
Anxiety & trauma specialist for adults & adolescents
www.serenitytreehouse.com

**Matthew Levy, PSY.D**
Sandy Springs Psychological Center, P.C.
Child, Adolescent, and Family Psychology
www.mattlevypsyd.com

**Michele O’Connell**
Sleepless Ladies Chit-Chat Group
Motivational Speaker, Blogger, Influencer
Baker – Gluten-free and diary free desserts
Tara Mulvany, M.O.T.
Interactiv Children’s Therapy
Occupational Therapist
www.ictsonline.com

Alfonso Martinez, Ph.D.
The Neuropsychology Center
Evaluation, counseling, & psychotherapy
www.theneuropsychologycenter.com

Avril James Maynard, MPH
Piedmont Heart Institute
Certified Health Education Specialist
Ordained interfaith minister, yoga teacher

Megan McLain, DPT & Ashley Irvin
Intuitive Choice Physical Therapy & Wellness
A holistic physical therapy with mobile services
https://intuitivechoicept.com/

Pam Reid
FLOW Consulting and Coaching
Author, Podcaster, Founder of FLOW
https://www.pamreidtheflowboss.com/

Leah Robilotto, M.A. Psy.
Robilotto Wellness
Stress, Anxiety, & Food allergy management
www.robilottowellness.com

Katie Robinson, Ph.D.
Adolescent & Children therapy & psychological assessment.
Registered drama and creative arts therapist
Speakers & Panelists

Sarah Ruiz
Sweet Tea Yoga
Certified RYT200
www.swwetteayoga.com/sarah-ruiz

Ericka D. Smith
Childhood education advocate
Founder of Define Me / Transcending Learning Differences

Kyler E. Smith - AKA Slime Master K
Author, Speaker, and outspoken advocate for children with learning differences
Author of “I Define Me”

Brandi Tanner, Ph.D.
Lightway Psychological Services
Nationally certified school psychologist
www.lightwayspsych.com/brandi-tanner-phd

Lori Whitney
Hoping Forward/Able to Serve
Offers day program for adults with disabilities.
www.linkedin.com/in/lori-whitney-b5b082108

Kim Whitnig Weinreb
Transitionally Speaking, LLC
Disability advocate/Educational consultant
www.transitionallyspeaking.com/

Marianne Young
Exceptional Advocacy Services
Special Education Advocate
https://www.exceptionaladvocacyservices.com/
8:00am – 8:30am  Registration & Breakfast

8:30am – 9:30am  SESSION ONE
Room A  Advocacy Panel
Moderator  Sandrine Neely
Speakers  Marianne Young, Georgia Fruechtenicht, Dr. Brandi Tanner

Room B  Emotional Health
Moderator  Patty Gullick
Speaker  Natalie Kohlhaas

Room C  How to Get a Quality Education
Moderator  Jacinda Thomsen
Speakers  Dr. Paul Cohen, Dr. Matthew Levy, Dr. Katie Robinson

9:30am – 9:45am  Networking Break/Exhibit Hall

Jeyaram & Associates
Wills, Trusts & Estate Planning

Presenting Sponsor
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Room A</th>
<th>Room B</th>
<th>Room C</th>
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<tbody>
<tr>
<td>9:45am – 10:45am</td>
<td>SESSION TWO</td>
<td>Special Needs Estate Planning: Protecting Your Child’s Benefits and Planning for the Future</td>
<td>Stopping the Stigma and Recognizing Learning Differences Early</td>
<td>504, IEP, and Mental Health</td>
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<tr>
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<td>Moderator</td>
<td>Xernona Fortson/Jacinda Thomsen</td>
<td>Sarah Salter</td>
<td>Sandrine Neely</td>
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<td>Speaker</td>
<td>DJ Jeyaram, Esq.</td>
<td>Ericka Danielle Smith and Kyler Eric Smith</td>
<td>Christy Calbos</td>
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<td>10:45am – 11:00am</td>
<td>Networking Break/Exhibit Hall</td>
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<td>11:00am – 12:30pm</td>
<td>Welcome/Introduction</td>
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<td>Room A</td>
<td>Keynote Speaker Presentation</td>
<td>ADHD and Anxiety</td>
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<td>Moderator</td>
<td>Kay McInroe</td>
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<td>Speaker</td>
<td>Dr. Suvrat Bhargave</td>
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12:30pm-1:30pm  Lunch and Learn

Room A  Table Talk Topics
Moderator  Kay McInroe/Dr. Angeline Dy
Table 1  EIP, IEP, & 504s, Oh My!
Lead(s)  Georgia Fruechtenicht
Table 2  Learning Differences
Lead(s)  Patty Gullick/Jacinda Thomsen
Table 3  College Bound
Lead(s)  Mike and Susan Martin
Table 4  Future Planning & Workforce Development
Lead(s)  Parallel – Dr. Dana Zavatkay
Table 5  Special Needs Trusts
Lead(s)  DJ Jeyaram & Associates
Table 6  Stand up Shout Out
Lead(s)  Sandrine Neely, Maggie Gullick
Table 7  Talk to a neuropsychologist
Lead(s)  Dr. Alfonso Martinez
Table 8  Community Resources
Lead(s)  Lori Whitney
Program Schedule

Table 9  Budget Friendly/Self-Care
Lead(s)  Michele Lawton O’Connell

Table 10  Adult Transitions
Lead(s)  Kim Whitnig Weinreb

1:30pm-1:45pm  Networking Break/Exhibit Hall

1:45pm – 2:45pm  Session THREE
Room A  Self-Care Panel
Moderator  Sandrine Neely
Speakers  Dana Black, Dr. Megan McLain, Ashley Irvin, Dr. Philip J. Crane, Avril James, Sarah Ruiz

Room B  Transitioning to Adult Services & Support
Moderator  Patty Gullick
Speaker  Kim Whitnig Weinreb

Room C  Stress & Coping
Moderator  Xernona Fortson
Speaker  Pam Reid

2:45pm - 3:00pm  Networking Break/Exhibit Hall

Please visit our sponsors!
3:00pm – 4:00pm  
**Session FOUR**

**Room A**  
Alternative Therapies Panel  
**Moderator**  
Jacinda Thomsen  
**Speakers**  
Abbie Huber, Dr. Tara Mulvany,  
Natalie Generally Kirk

**Room B**  
Becoming Enough / School Relationships  
**Moderator**  
Sandrine Neely/Patty Gullick  
**Speaker**  
Dr. Marcus L. Broadhead

**Room C**  
The Challenges of Caregiving & Ways to Cope  
**Moderator**  
Sarah Salter  
**Speaker**  
Leah Robilotto

4:00pm – 4:30pm  
Closing Remarks & Adjournment

**Room A**  
Awards/Raffle  
**Moderator(s)**  
Kay McInroe / Jacinda Thomsen  
Patty Gullick / Dr. Angeline Dy  
You must be present to win a prize!

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On behalf of Southside Support’s Board of Directors and the 2023 Symposium Committee, thank you again for attending Southside Support’s 7th Annual Symposium 2023 & Special Needs Expo.

Watch for announcements of upcoming events and programs.

Please visit us at www.southsidesupport.org

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Southside Support
Linking special needs families to their communities